

All About Me

For my Nurse or GP

Screen

EQUAL

Accessible cervical
screening information
for people with
intellectual disability

This template is for a support person and a person with intellectual disability to complete together before an appointment. This can be given to the nurse or doctor to help establish rapid rapport with a patient.

A nurse or doctor can also complete this form with a patient at the start of an appointment as part of the supported decision making process.

My name is

Some things I like are

Hints:

- Hobbies and interests
- Pets
- Favourite TV shows or music

At health appointments, I like to

Hints:

- Have appointments early or late
- See a female or a male doctor or nurse
- Wait in the car until it's my time to see the doctor or nurse
- Come back or get a call to talk about results

I like to learn about health information with

Hints:

- The doctor or nurse showing me **tools**
- The doctor or nurse showing me **pictures**
- The doctor or nurse **talking** to me and checking I understand by asking

If I feel worried at a health appointment, some things that could help me to relax are

Hints:

- Take slow deep breaths
- Play on my phone
- Listen to music
- Play with sensory toys

If I want to take a support person with me, I can ask _____.

They can come to part or all of the appointment, it is my choice

Here are questions I have for the doctor or nurse:

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